



Family Solutions Plus Progress Report Scrutiny November 2020





Introduction



Background to Family Solutions Plus (FSP)

Overview of FSP project to date

Context for delivering FSP

Measuring impact and embedding FSP



Children's Services Transformation



Oxfordshire is a Good Ofsted local authority providing high quality service to children and families

Demand for service has been growing for over a decade

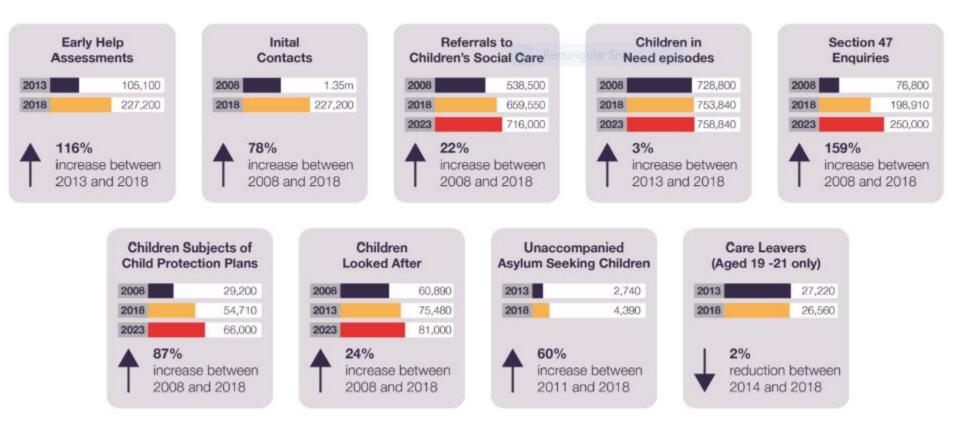
The changes we are making are designed to help us to continue to provide good support in a sustainable way

We have researched what works well in other similar areas and are making the changes based on this (most notably Hertfordshire and Hampshire)



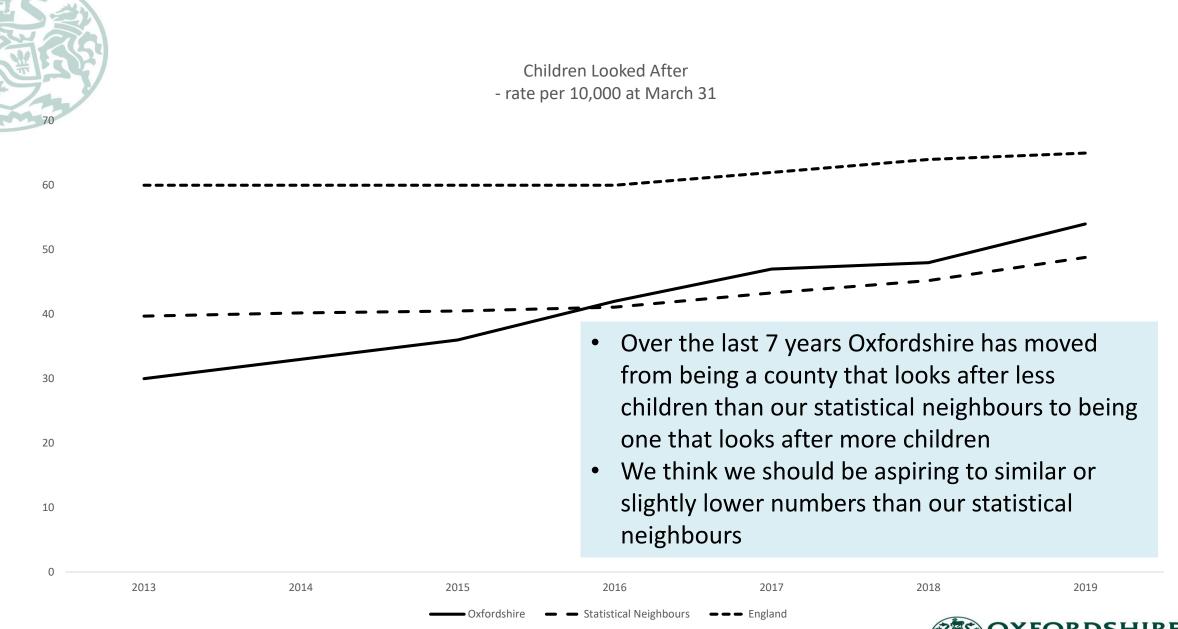


The National Picture



ADCS Safeguarding Pressures report Nov 2018









Cabinet decision 16th July 2019

Cabinet agreed a 2 year investment in Children's Services to fund:

- **One off costs** project costs, training, ICT changes
- Temporary investment in Children's Service required to deliver manageable case loads to enable children and families to receive rapid and intense support
- Seed funding for adult posts these posts are essential to help adults address a range of problems that adversely affect their ability to parent (mental health, domestic abuse, drug and alcohol issues)







The Project was started immediately



Eleven Workstreams

• Improving practice

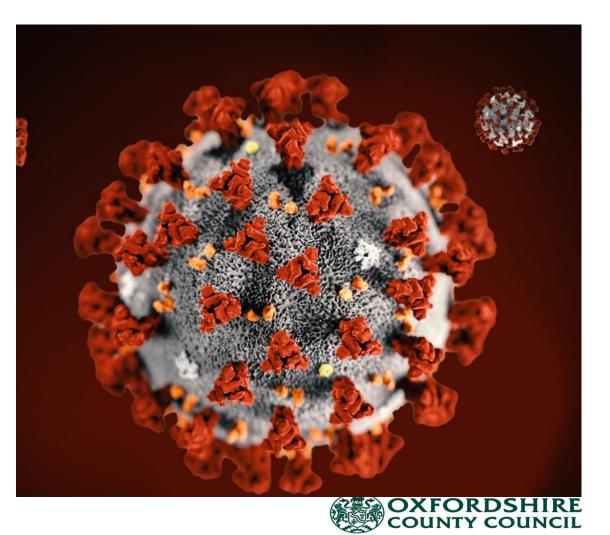
- Culture and Staff Development
- Cherwell Pilot
- ICT
- Human Resources
- Commissioning adult practitioners
- Performance management
- Property
- Finance & benefit realisation
- Communications
- Working with service users to develop the new service





Impact of Covid19

- Original plan to go live on the 1st June
- This was delayed (to October)by Covid19 as plans for staff consultation/training and other aspects of project needed to be redesigned
- The project budget also had to be reprofiled (but did not require additional investment)





Family Safeguarding Plus Model

Multidisciplinary teams



Our multi-disciplinary teams will work with families to support them and address the difficulties they are experiencing

Core Skill Set

coach learning ability practice instruction Training mentor advising development education skill teaching workshop motivation knowledge

Our workers will be trained in working with and supporting families to understand why we are involved and supporting them to make the necessary changes

Reducing Bureaucracy



The concept of Family Safeguarding is a simple one: get people who are working with the same family to work in a team and share the concerns and risks

Tracking impact



We will be using a new application on our Integrated Care System known as the Workbook that reduces the time that social workers spend recording information

Our Vision

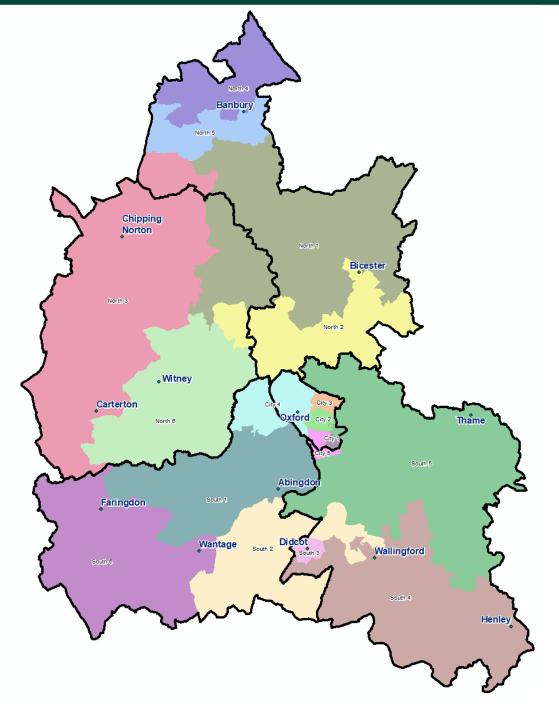
Be successful: Increasing school attendance Be healthy: Helping early, supporting prevention Be safe: y reducing the ther of looked r children and aging demand Be supported: Improving the confidence and capability of the whole workforce





The New Service from the end of October 2020

- Oxfordshire will be served by 17
 Family Safeguarding Plus Teams
 operating across the county
- They are smaller teams than we have operated previously to enable social workers and managers to work on a more human scale
- The geographical spread is also designed to help to form more effective working relationships with partner agencies





Elmore Community Services Multi-Disciplinary Teams with Adult Practitioners co-located

New services developed to support parents with:

- Mental Health Issues: Oxfordshire Mind
- Domestic Abuse: Elmore Community Service
- Substance and Alcohol Misuse: Turning Point

Each service has a manager and 10 fte workers embedded in Children's Services

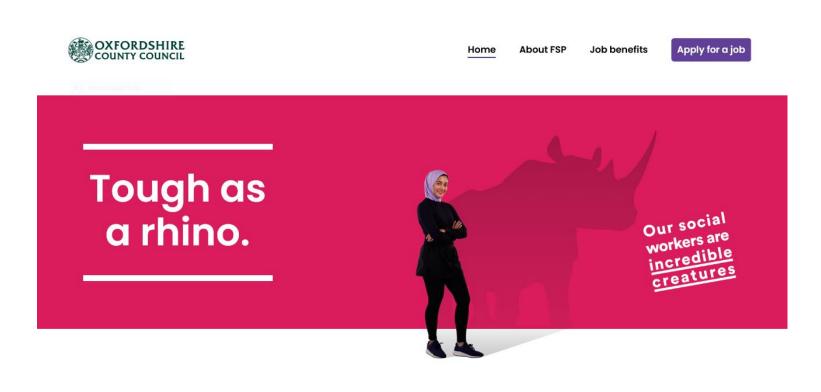


Recruiting to the New Teams/Posts

Part of the FSP Model Requires us to recruit new Social Workers to ensure Social Work Caseloads are manageable

There has been a successful campaign that has helped us to staff the new model (in the context of a very difficult recruitment environment)

The FSP model has proved to be attractive to social workers which over time should help us to reduce our use of expensive agency staff





Core Skill Set

FIVE PRINCIPLES OF **Over 250** MOTIVATIONAL INTERVIEWING Express empathy for the client trained in Develop discrepancy between the client's goals and values and their current ehavior, particularly regarding substance use Avoid argumentation and direct confrontation Roll with client resistance, instead of fighting it ≥ Support the client's self-efficacy, or their belief that they can change

frontline staff and managers Motivational Interviewing: new tools to harness families' strengths



Organisational Culture Change Programme – Developed, designed and delivered by our own managers to all staff in scope of the Family **Solutions Plus changes**

Reducing Bureaucracy

Reducing changes of social worker

- From the end of October we will cease to have assessment teams who work with families briefly before handing over to other teams
- This will mean fewer changes of social worker and need for children and families to re-tell their story on multiple occasions
- It will mean delivering interventions earlier

Implementing new recording system

- Over the last weekend of October we installed a new module to our Liquid Logic case recording system
- This is a family work book which is designed to make recording more efficient and effective
- Over time it will help social workers to spend more time with families and less time recording





Tracking Impact

- FSP is a *spend to save* project
- By meeting families' needs better we plan to save on statutory interventions, especially on under 12s care costs (5% reduction in care, child protection and children in need, year on year)
- It's success will be measured over the next 12-24 months
- We have developed a performance management system to track our progress in realising the planned benefits
- Herts and the four 'wave 2' LAs have all reduced spend in children's services and avoided costs for adult services ie police and adult MH
- DfE published research Nov '20 confirms FSM as having statistically significant outcomes
- We are in partnership with Oxford University and the National Institute for Health Research on an evaluation







Cherwell Pilot (the plus in our model)



DISTRICT COUNCIL NORTH OXFORDSHIRE

- As part of the FSP project we piloted closer working between children's services and CDC
- The pilot has delivered joined up support to families who were homeless (or at risk of homelessness)
- It has been effective for some families helping to reduce homelessness
- Early findings will be available shortly
- Over time we want to deploy the learning from this pilot to work more effectively with all of our district councils



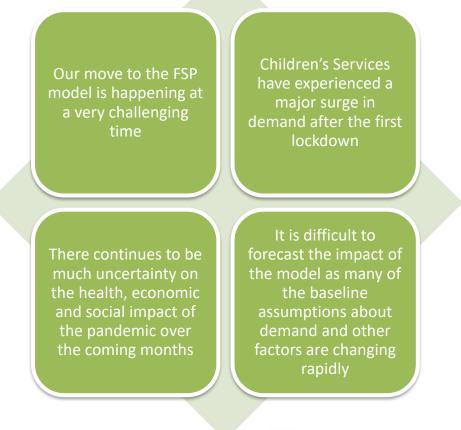


Challenging Context



Michael Gove says it is his "fervent hope" that England's new lockdown will end on 2 December - but that ministers will be "guided by the facts".

"We do need to get the R rate below 1," the Cabinet Office minister told the BBC's Andrew Marr Show.





Developing the Family Solutions Plus Culture:

Being preventative by meeting high levels of need earlier



- To deliver the intended benefits FSP needs to change our culture
- Motivational skills across the directorate
- Our structures and strategy have now been aligned to support this aim
- There continues to be much work needed to support and embed this new approach





In Summary

Current Position

Key Elements of FSP	
Multi-disciplinary teams	\checkmark
Core FSP Skills	\checkmark
Tools to reduce bureaucracy	\checkmark
Impact tracking	\checkmark

Next Steps

- Project continues to be active until end of December
- Work to measure progress against planned benefit realisation
- Work to embed FSP culture across children's services

